

SF 5.1C3: First-aid kit

Sl. No.	Instrument	Bandages	Medication	Miscellaneous items	Doctors on call – 2
1.	Syringe-	Adhesive tape-	Antacid-	First Aid book	General Physician – 1 (if not a lady doctor) lady doctor - 1
2.	Scissors-	Elastic Bandages-	Antibiotic ointment	Note Pad	
3.	Thermometer (Oral)-	Sterile Cotton Balls-	Antiseptic ointment-	Pen	
4.	Tweezers	Water Proof Bandages	Insect repellent-	Flash fluorescent light with batteries	
5.			Anti-allergic Tablet	Tissue Pack	
6.			Anti-Pyretic (Paracetamol)	Disposal gloves	
7.			Anti-Emetics	Soap (Dettol)	
8.			Rehydrants	Dettol (Liquid)	
9.			Anti-Biotic (Motion)	At least Ice Pouch	
10			Anti-Spasmodic	water bottle	
11			Muscle Relaxant	Tissue Pack	
12				On Call Doctors available near to the Centre – 2	
13					

STANDARD FORM OF SOP

Checklist for first-aid kit

			To be verified and signed for each month											
Sl. No.	ITEMS	Nos.	Jan	Feb	March	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
A	Instrument													
1	Syringe	2												
2	Scissors	2												
3	Thermometer (Oral)	1												
4	Tweezers	2												
B	Bandages													
1	Adhesive tape-	5												
2	Elastic Bandages-	5												
3	Sterile Cotton Balls-	4												
4	Water Proof Bandages -	5												
C	Medication													
1	Antacid-	5 Strips												
2	Antibiotic ointment	4												
3	Antiseptic ointment-	4												
4	Insect repellent-	2												
5.	Anti-allergic Tablet	2 Strips												
6.	Anti-Pyretic (Paracetamol)	2 Strips												

STANDARD FORM OF SOP

7.	Anti-Emetics	2 Strips												
8.	Rehydrants	5												
9.	Anti-Biotic (Motion)	2 Strips												
10	Anti-Spasmodic	2 Strips												
D	Miscellaneous items													
1	First Aid book													
2	Note Pad	1												
3	Pen-	1												
4	Flash fluorescent light with batteries	1												
5	Tissue Pack	1												
6	Disposal gloves-	1 Pair												
7	Soap (Dettol)	1												
8	Dettol (Liquid)	1												
9	At least Ice Pouch	2												
10	water bottle	2												
11	Tissue Pack	2												
12	On Call Doctors available near to the Centre – 2 (one female and one male) Doctor 1: Name, address and phone number Doctor 2: Name, address and phone number													